

U.S. Census Bureau Estimates for Cities and Housing Units, 2022

On May 18th, 2023, the Census Bureau released population estimates for incorporated places (cities and towns) and housing units at the state and county level for July 1, 2022. The city-level population estimates utilize locally submitted building permits to estimate population. They are then controlled to the county estimate totals, which were published in March 2023.¹

National Picture

Southern cities led the nation in population growth rates between 2021 and 2022. Nine of the top fifteen fastest growing places were in the South, six of which were in Texas. The cities with largest absolute population growth were concentrated in Texas, Arizona, Washington, North Carolina, Florida, Nevada, and California.

Nationally, the housing stock increased by 1.6 million units from 2021 and 2022. Utah’s housing stock grew the fastest, increasing by 3.3%. This was followed by Idaho (2.8%) and Texas (2.3%).

Utah in the National Context

In 2022, Eagle Mountain joined the list of large cities (those with populations of 50,000 or greater). Lehi (5.6%) and South Jordan (4.3%) made the list of 25 fastest growing large cities.

Utah’s housing growth resulted in 38,876 new units since 2021. Over half of this growth came from Utah (28.1%) and Salt Lake (27.4%) counties. Wasatch County ranked first in the nation for fastest housing unit growth (7.7%) adding 1,166 units. Utah, Washington, Box Elder, and Tooele counties also ranked in the top 50 for fastest housing unit growth.

Population Changes in Utah Cities

Utah was the 10th fastest-growing state (1.2%) between 2021 and 2022, adding a total of 41,687 people. Census Bureau estimates indicated this growth was largely driven by Utah

Table 1: Utah in the National Rankings

Ranking	Area	Percent Change
Fastest Housing Unit Growth	State of Utah	3.3%
Fastest Housing Unit Growth	Wasatch County	7.7%
14 th Fastest Population Growth*	Lehi	5.6%
3 rd Fastest Declining City*	Taylorsville	-2.3%
4 th Fastest Declining City*	Orem	-2.3%
5 th Fastest Declining City*	Sandy	-2.2%

*Of cities with populations of 50,000 or more on July 1, 2021

Source: U.S. Census Bureau, Population Division, Vintage 2022

County (39.9% of state growth) and Washington County (14.9%). The estimates indicated a small population decline in Salt Lake County (183 people). The top 10 places that added the most residents between 2021 and 2022 were in Davis, Salt Lake, Utah, and Washington counties.

Saratoga Springs, Eagle Mountain, Lehi, Salt Lake City, and South Jordan experienced the highest absolute growth between 2021 and 2022. West Haven and Clearfield in Davis County also made the top 10 list, as well as St. George in Washington County.

Of Utah’s top 10 fastest growing places, most had populations under 50,000. Hideout ranked first for the second year in a row at 14.1%, followed by West Haven (12.9%) and Tremonton (12.8%).

The largest cities in Utah were Salt Lake City (204,657), West Valley City (136,650), West Jordan (116,664), Provo (113,523), and St. George (102,519). The fastest growing large cities were Lehi (5.6%), South Jordan (4.3%), St. George (2.3%), and Herriman (1.8%). 47 places in Utah with populations over 1,000 people experienced population declines. The highest population losses were in West Valley City (-2,415), Orem (-2,240), Sandy (-2,054), Provo (-1,380), and Taylorsville (-1,372).

Table 2: Utah Cities (1,000 or larger) with the Largest Absolute Increases, 2021-2022

Place	2021 Population Estimate	2022 Population Estimate	2021-2022 Absolute Change
Saratoga Springs	44,120	49,354	5,234
Eagle Mountain	49,657	54,149	4,492
Lehi	79,917	84,373	4,456
Salt Lake City	201,165	204,657	3,492
South Jordan	80,102	83,513	3,411
American Fork	34,427	37,268	2,841
West Haven	19,832	22,395	2,563
St. George	100,180	102,519	2,339
Syracuse	33,390	35,561	2,171
Clearfield	32,242	34,062	1,820

Source: U.S. Census Bureau, Population Division, Vintage 2022

Table 3: Utah Cities (1,000 or larger) with the Largest Percent Increases, 2021-2022

Place	2021 Population Estimate	2022 Population Estimate	2021-2022 Percent Change
Hideout	1,153	1,315	14.1%
West Haven	19,832	22,395	12.9%
Tremonton	10,497	11,840	12.8%
Saratoga Springs	44,120	49,354	11.9%
Santaquin	15,365	16,898	10.0%
Eagle Mountain	49,657	54,149	9.0%
American Fork	34,427	37,268	8.3%
Syracuse	33,390	35,561	6.5%
Grantsville	13,553	14,417	6.4%
Hurricane	21,822	23,077	5.8%

Source: U.S. Census Bureau, Population Division, Vintage 2022

Table 4: Utah Cities and Towns, 2022 Population Estimates

Place	2022 Population Estimate	2021-2022 Absolute Change	2021-2022 Percent Change
Alpine	10,304	-51	-0.5%
Alta	227	-2	-0.9%
Altamont	245	3	1.2%
Alton	117	0	0.0%
Amalga	500	5	1.0%
American Fork	37,268	2,841	8.3%
Annabella	872	16	1.9%
Antimony	124	4	3.3%
Apple Valley	900	10	1.1%
Aurora	1,030	18	1.8%
Ballard	1,191	29	2.5%
Bear River City	878	-13	-1.5%
Beaver	3,708	81	2.2%
Bicknell	337	4	1.2%
Big Water	487	41	9.2%
Blanding	3,229	-98	-2.9%
Bluff	243	1	0.4%

Place	2022 Population Estimate	2021-2022 Absolute Change	2021-2022 Percent Change
Bluffdale	19,080	270	1.4%
Boulder	241	7	3.0%
Bountiful	44,481	-976	-2.1%
Brian Head	155	3	2.0%
Brigham City	19,963	-20	-0.1%
Brighton	441	7	1.6%
Bryce Canyon City	332	6	1.8%
Cannonville	193	6	3.2%
Castle Dale	1,530	20	1.3%
Castle Valley	360	8	2.3%
Cedar City	38,692	1,337	3.6%
Cedar Fort	420	-10	-2.3%
Cedar Hills	9,956	-66	-0.7%
Centerfield	1,398	27	2.0%
Centerville	16,502	-322	-1.9%
Central Valley	671	13	2.0%
Charleston	421	-16	-3.7%
Circleville	544	-10	-1.8%
Clarkston	763	2	0.3%
Clawson	170	4	2.4%
Clearfield	34,062	1,820	5.6%
Cleveland	510	5	1.0%
Clinton	23,538	-126	-0.5%
Coalville	1,524	-4	-0.3%
Copperton	840	11	1.3%
Corinne	853	-9	-1.0%
Cornish	276	1	0.4%
Cottonwood Heights	32,420	-445	-1.4%
Daniel	887	-46	-4.9%
Delta	3,724	28	0.8%
Deweyville	430	-6	-1.4%
Draper	50,731	-650	-1.3%
Duchesne	1,623	21	1.3%
Dutch John	149	4	2.8%
Eagle Mountain	54,149	4,492	9.0%
East Carbon	1,567	14	0.9%
Elk Ridge	4,907	33	0.7%
Elmo	415	6	1.5%
Elsinore	865	16	1.9%
Elwood	1,249	24	2.0%
Emery	315	4	1.3%
Emigration Canyon	1,484	21	1.4%
Enoch	8,231	282	3.5%
Enterprise	2,264	115	5.4%
Ephraim	5,937	167	2.9%
Escalante	821	22	2.8%
Eureka	657	-3	-0.5%
Fairfield	156	-5	-3.1%
Fairview	1,262	25	2.0%
Farmington	25,660	1,092	4.4%
Farr West	8,027	64	0.8%
Fayette	260	5	2.0%
Ferron	1,514	19	1.3%

Place	2022 Population Estimate	2021-2022 Absolute Change	2021-2022 Percent Change
Fielding	591	29	5.2%
Fillmore	2,643	28	1.1%
Fountain Green	1,260	27	2.2%
Francis	1,722	36	2.1%
Fruit Heights	5,971	-137	-2.2%
Garden City	629	10	1.6%
Garland	2,613	-1	0.0%
Genola	1,585	-8	-0.5%
Glendale	310	4	1.3%
Glenwood	491	9	1.9%
Goshen	959	-22	-2.2%
Grantsville	14,417	864	6.4%
Green River	876	13	1.5%
Gunnison	3,550	30	0.9%
Hanksville	171	8	4.9%
Harrisville	6,876	-111	-1.6%
Hatch	142	4	2.9%
Heber	17,865	506	2.9%
Helper	2,131	22	1.0%
Henefer	837	-12	-1.4%
Henrieville	231	6	2.7%
Herriman	59,179	1,024	1.8%
Hideout	1,315	162	14.1%
Highland	19,902	281	1.4%
Hildale	1,184	14	1.2%
Hinckley	630	15	2.4%
Holden	458	4	0.9%
Holladay	30,816	-577	-1.8%
Honeyville	1,725	40	2.4%
Hooper	9,300	-42	-0.4%
Howell	235	-3	-1.3%
Huntington	1,970	26	1.3%
Huntsville	593	8	1.4%
Hurricane	23,077	1,255	5.8%
Hyde Park	5,584	157	2.9%
Hyrum	10,594	561	5.6%
Independence	118	-8	-6.3%
Interlaken	166	-12	-6.7%
Ivins	10,012	440	4.6%
Joseph	301	7	2.4%
Junction	211	-5	-2.3%
Kamas	2,185	3	0.1%
Kanab	5,131	131	2.6%
Kanarraville	467	8	1.7%
Kanosh	511	3	0.6%
Kaysville	32,761	-305	-0.9%
Kearns	37,249	528	1.4%
Kingston	137	-2	-1.4%
Kooshareem	251	5	2.0%
Laketown	314	5	1.6%
La Verkin	4,531	65	1.5%
Layton	82,601	-816	-1.0%
Leamington	269	3	1.1%

Place	2022 Population Estimate	2021-2022 Absolute Change	2021-2022 Percent Change
Leeds	871	-6	-0.7%
Lehi	84,373	4,456	5.6%
Levan	892	13	1.5%
Lewiston	1,960	9	0.5%
Lindon	11,704	-1	0.0%
Loa	527	6	1.2%
Logan	54,680	246	0.5%
Lyman	220	9	4.3%
Lynndyl	124	0	0.0%
Magna	29,668	422	1.4%
Manila	339	15	4.6%
Manti	3,588	68	1.9%
Mantua	1,256	41	3.4%
Mapleton	12,999	590	4.8%
Marriott-Slaterville	2,206	17	0.8%
Marysville	416	26	6.7%
Mayfield	583	10	1.7%
Meadow	347	6	1.8%
Mendon	1,335	-5	-0.4%
Midvale	35,637	-240	-0.7%
Midway	6,217	-122	-1.9%
Milford	1,454	5	0.3%
Millcreek	63,034	-1,194	-1.9%
Millville	2,435	23	1.0%
Minersville	855	14	1.7%
Moab	5,321	8	0.2%
Mona	1,906	91	5.0%
Monroe	2,615	51	2.0%
Monticello	1,752	-58	-3.2%
Morgan	4,455	241	5.7%
Moroni	1,617	29	1.8%
Mount Pleasant	3,820	72	1.9%
Murray	49,463	-271	-0.5%
Myton	560	1	0.2%
Naples	2,399	67	2.9%
Nephi	6,840	208	3.1%
New Harmony	245	0	0.0%
Newton	815	21	2.6%
Nibley	7,926	394	5.2%
North Logan	11,616	456	4.1%
North Ogden	21,855	365	1.7%
North Salt Lake	22,537	176	0.8%
Oak City	630	12	1.9%
Oakley	1,599	-7	-0.4%
Ogden	86,825	186	0.2%
Orangeville	1,258	17	1.4%
Orderville	592	2	0.3%
Orem	95,910	-2,240	-2.3%
Panguitch	1,785	43	2.5%
Paradise	1,014	8	0.8%
Paragonah	568	9	1.6%
Park City	8,374	-113	-1.3%
Parowan	3,171	60	1.9%

Place	2022 Population Estimate	2021-2022 Absolute Change	2021-2022 Percent Change
Payson	22,516	368	1.7%
Perry	5,828	77	1.3%
Plain City	8,321	195	2.4%
Pleasant Grove	37,630	-308	-0.8%
Pleasant View	11,258	109	1.0%
Plymouth	433	-1	-0.2%
Portage	288	-2	-0.7%
Price	8,262	82	1.0%
Providence	8,995	299	3.4%
Provo	113,523	-1,380	-1.2%
Randolph	491	7	1.4%
Redmond	796	14	1.8%
Richfield	8,220	-110	-1.3%
Richmond	2,986	20	0.7%
Riverdale	9,285	-100	-1.1%
River Heights	2,147	-14	-0.6%
Riverton	44,599	-526	-1.2%
Rockville	224	-4	-1.8%
Rocky Ridge	951	14	1.5%
Roosevelt	7,097	182	2.6%
Roy	38,785	-508	-1.3%
Rush Valley	477	11	2.4%
St. George	102,519	2,339	2.3%
Salem	10,393	559	5.7%
Salina	2,565	49	1.9%
Salt Lake City	204,657	3,492	1.7%
Sandy	93,022	-2,054	-2.2%
Santa Clara	8,123	209	2.6%
Santaquin	16,898	1,533	10.0%
Saratoga Springs	49,354	5,234	11.9%
Scipio	366	7	1.9%
Scofield	26	1	4.0%
Sigurd	422	6	1.4%
Smithfield	14,425	360	2.6%
Snowville	161	-3	-1.8%
South Jordan	83,513	3,411	4.3%
South Ogden	17,716	162	0.9%
South Salt Lake	26,003	-29	-0.1%
South Weber	8,124	-23	-0.3%

Place	2022 Population Estimate	2021-2022 Absolute Change	2021-2022 Percent Change
Spanish Fork	44,102	286	0.7%
Spring City	993	19	2.0%
Springdale	576	20	3.6%
Springville	35,832	-308	-0.9%
Sterling	289	5	1.8%
Stockton	623	0	0.0%
Sunset	5,372	-140	-2.5%
Syracuse	35,561	2,171	6.5%
Tabiona	153	2	1.3%
Taylorsville	57,879	-1,372	-2.3%
Tooele	38,588	1,362	3.7%
Toquerville	1,960	25	1.3%
Torrey	257	9	3.6%
Tremonton	11,840	1,343	12.8%
Trenton	521	4	0.8%
Tropic	505	11	2.2%
Uintah	1,422	-22	-1.5%
Vernal	10,432	225	2.2%
Vernon	286	11	4.0%
Vineyard	14,535	524	3.7%
Virgin	697	7	1.0%
Wales	357	8	2.3%
Wallsburg	297	-4	-1.3%
Washington	32,709	1,727	5.6%
Washington Terrace	9,160	-127	-1.4%
Wellington	1,625	18	1.1%
Wellsville	4,137	21	0.5%
Wendover	1,135	5	0.4%
West Bountiful	5,888	-89	-1.5%
West Haven	22,395	2,563	12.9%
West Jordan	116,664	120	0.1%
West Point	11,892	436	3.8%
West Valley City	136,650	-2,415	-1.7%
White City	5,598	76	1.4%
Willard	2,224	105	5.0%
Woodland Hills	1,553	-1	-0.1%
Woodruff	177	1	0.6%
Woods Cross	11,487	-182	-1.6%

Source: U.S. Census Bureau, Population Division, Vintage 2022

Endnote

1. U.S. Census Bureau. (2023). Methodology for the Subcounty Total Resident Population Estimates (Vintage 2022). Retrieved from <https://www.census.gov/programs-surveys/popest/technical-documentation/methodology.html>