

U.S. Census Bureau Estimates for Age, Sex, Race and Hispanic Origin Vintage 2019: Age

Each year, the Census Bureau produces population estimates at varying levels of geography. The release of the age, sex, race, and Hispanic origin for the nation, state, and counties completes the 2019 vintage estimate package. Prior pieces of this release include national, state, county, metropolitan/micropolitan, and incorporated place (cities and towns) estimates for the 2019 vintage. All releases include annual estimates from Census 2010 to July 1, 2019.

This last estimate product of the decade shows that in terms of age, Utah remains the youngest state in the nation with the smallest share of the 65-and-older population. The dynamics of an aging population seen across the United States were also evident in Utah throughout the decade.

National Picture and Utah in the National Context¹

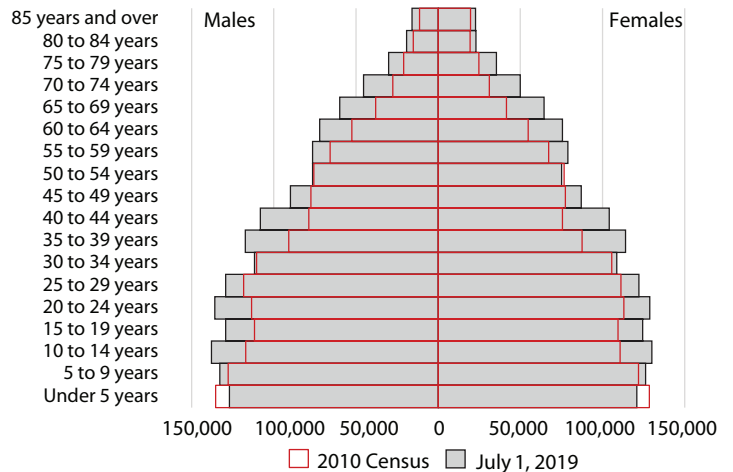
According to the Census Bureau’s analysis, the 65-and-older population grew by over one-third, driven primarily by the aging of the Baby Boomers combined with and the decreasing youth share of the population as births and fertility continue to decline. Since 2010, the national median age increased from 37.2 to 38.4 years.

11.4% of Utahns were age 65 or older - the lowest percentage in the nation. Utah remained the youngest state in the nation, with a median age of 31.3 years in 2019. This was an increase of 2.1 years from 2010 (29.2).

Age in Utah

Utah’s overall median age increased from 2018 to 2019, as it has throughout the decade. This upward movement is attributable to the trends seen nationally – Baby Boomers are aging into the 65-and-older category and fertility rates and births are decreasing. The population under age 5 provides a direct reflection of the recent decreases in fertility rates and births. This youngest segment of the population was the only 5-year age group in the state that decreased in size between the 2010 Census and 2019. The 65-and-older population increased

Utah’s Population is Growing Older



Utah Population by Age Groups, 2010 Census, 2018, 2019

Age	2010 Census	July 1, 2018	July 1, 2019	Share of Total Population, July 1, 2019	Census 2010 to July 1, 2019		July 1, 2018 to July 1, 2019	
					Absolute Change	Percent Change	Absolute Change	Percent Change
Under 18 years	871,027	929,678	931,184	29.0%	60,157	6.9%	1,506	0.2%
Under 5 years	263,924	250,367	247,803	7.7%	-16,121	-6.1%	-2,564	-1.0%
5 to 17 years	60,103	679,311	683,381	21.3%	76,278	30.4%	4,070	1.9%
18 to 24 years	318,029	354,194	362,079	11.3%	44,050	13.9%	7,885	2.2%
25 to 44 years	778,162	898,476	915,259	28.5%	137,097	17.6%	16,783	1.9%
45 to 64 years	547,205	622,079	631,564	19.7%	84,359	15.4%	9,485	1.5%
65 years and over	249,462	349,123	365,872	11.4%	116,410	46.7%	16,749	4.8%
Median age (years)	29.2	31.1	31.3	N/A	2.1	7.2%	0.2	0.6%

Source: U.S. Census Bureau, Population Division, 2019 Vintage Estimates

1. U.S. Census Bureau, 65 and Older Population Grows Rapidly as Baby Boomers Age, Press Release, June 23, 2020.

by 46.7% between the 2010 Census and 2019. While youth (under 18 years) are still the largest share of the population at 29.0%, the 25 to 44 years population makes up another 28.5% of the population.

Age in Utah Counties

At least one in five residents is 65 years or older in six Utah counties: Piute (28.1%), Daggett (27.3%), Garfield (24.0%), Kane (23.4%), Wayne (22.0%), and Washington (22.0%). Three Utah counties have less than 10% of the population at 65 or older: Cache (9.8%), Tooele (9.3%), and Utah (7.9%). The 65 or older population in Wasatch and Summit counties has doubled since the 2010 Census.

Utah County and Wasatch County were the only two counties without a negative percent change in the population under age 5 between 2010 and 2019. Wasatch County's under 5 population increased by 8.6%, while Utah County's remained stable. In 2019, Utah County (9.2%), Duchesne County (9.0%), and Juab County (8.7%) had the highest shares of the population under age 5. At the 2010 Census, these counties all had over 10% of the population aged under 5.

Age by Race and Hispanic Origin in Utah

While one in five adults identify as a racial minority or as being of Hispanic or Latino origin, this share increases to over one in four (27%) for the population under age 18. At the state level, 7.7% of the population is under age 5. Only the non-Hispanic White and the non-Hispanic Asian populations have lower shares than the state average. The non-Hispanic Two or More Races population and the Hispanic or Latino population have the largest shares of children under 5, at 14.8% and 10.2%, respectively. The non-Hispanic White population has the largest share of people over age 65 at 13.2%, followed by the non-Hispanic Asian population (8.9%), and the non-Hispanic American Indian or Alaska Native population (7.7%).

Selected Age Groups in Utah Counties, 2019

County	Under Age 5			65 years or older		
	July 1, 2019 Population	July 1, 2019 Share of County Population	Percent Change, Census 2010 to 2019	July 1, 2019 Population	July 1, 2019 Share of County Population	Percent Change, Census 2010 to 2019
Beaver	557	8.3%	-9.3%	946	14.1%	13.7%
Box Elder	4,487	8.0%	-9.8%	7,399	13.2%	33.0%
Cache	10,552	8.2%	-8.4%	12,570	9.8%	44.6%
Carbon	1,260	6.2%	-26.3%	3,688	18.0%	27.0%
Daggett	41	4.3%	-38.8%	259	27.3%	28.9%
Davis	28,838	8.1%	-8.0%	36,638	10.3%	46.6%
Duchesne	1,790	9.0%	-10.1%	2,481	12.4%	25.1%
Emery	615	6.1%	-40.0%	1,768	17.7%	29.2%
Garfield	293	5.8%	-22.1%	1,214	24.0%	46.1%
Grand	563	5.8%	-6.0%	1,891	19.4%	51.2%
Iron	4,083	7.4%	-4.6%	7,070	12.9%	56.0%
Juab	1,042	8.7%	-1.4%	1,427	11.9%	36.8%
Kane	456	5.8%	-8.1%	1,847	23.4%	33.1%
Millard	1,017	7.7%	-8.0%	2,348	17.8%	32.7%
Morgan	859	7.1%	-5.0%	1,445	11.9%	44.9%
Piute	61	4.1%	-44.5%	416	28.1%	25.3%
Rich	176	7.1%	-19.3%	458	18.4%	33.5%
Salt Lake	83,687	7.2%	-7.1%	130,051	11.2%	45.5%
San Juan	1,101	7.2%	-18.3%	2,281	14.9%	42.6%
Sanpete	1,883	6.1%	-15.1%	4,488	14.5%	40.4%
Sevier	1,597	7.4%	-12.2%	3,567	16.5%	18.3%
Summit	2,206	5.2%	-10.6%	5,635	13.4%	103.6%
Tooele	5,686	7.9%	-4.7%	6,748	9.3%	54.1%
Uintah	2,943	8.2%	-14.9%	4,022	11.3%	34.2%
Utah	58,343	9.2%	0.0%	50,490	7.9%	50.9%
Wasatch	2,535	7.4%	8.6%	4,191	12.3%	107.8%
Washington	11,493	6.5%	-7.4%	39,067	22.0%	64.0%
Wayne	161	5.9%	-19.5%	597	22.0%	40.5%
Weber	19,478	7.5%	-6.5%	30,870	11.9%	32.0%

Source: U.S. Census Bureau, Population Division, 2019 Vintage Estimates

Selected Age Groups by Race and Hispanic or Latino Origin, July 1, 2019

	Total	Under Age 18		Over Age 18		Under Age 5		65 or older	
		Estimate	Share	Estimate	Share	Estimate	Share	Estimate	Share
Total Population	3,205,958	931,184	29.0%	2,274,774	71.0%	247,803	7.7%	365,872	11.4%
NH White	2,493,759	683,093	27.4%	1,810,666	72.6%	177,697	7.1%	328,551	13.2%
Hispanic or Latino	462,051	167,819	36.3%	294,232	63.7%	46,919	10.2%	21,992	4.8%
NH Black or African American	38,056	11,886	31.2%	26,170	68.8%	3,035	8.0%	1,835	4.8%
NH American Indian or Alaska Native	30,401	8,625	28.4%	21,776	71.6%	2,538	8.3%	2,356	7.7%
NH Asian	81,646	16,480	20.2%	65,166	79.8%	4,765	5.8%	7,273	8.9%
NH Native Hawaiian or Other Pacific Islander	31,393	9,784	31.2%	21,609	68.8%	2,690	8.6%	1,932	6.2%
NH Two or More Races	68,652	33,497	48.8%	35,155	51.2%	10,159	14.8%	1,933	2.8%

Share is of total race or ethnicity population

N.H. - Non-Hispanic

Source: U.S. Census Bureau, Population Division, 2019 Vintage Estimates