## U.S. Census Bureau Estimates for Age, Sex, Race and Hispanic Origin Vintage 2019: Age

Each year, the Census Bureau produces population estimates at varying levels of geography. The release of the age, sex, race, and Hispanic origin for the nation, state, and counties completes the 2019 vintage estimate package. Prior pieces of this release include national, state, county, metropolitan/micropolitan, and incorporated place (cities and towns) estimates for the 2019 vintage. All releases include annual estimates from Census 2010 to July 1, 2019.

This last estimate product of the decade shows that in terms of age, Utah remains the youngest state in the nation with the smallest share of the 65-and-older population. The dynamics of an aging population seen across the United States were also evident in Utah throughout the decade.

## National Picture and Utah in the National Context ${ }^{1}$

According to the Census Bureau's analysis, the 65-and-older population grew by over one-third, driven primarily by the aging of the Baby Boomers combined with and the decreasing youth share of the population as births and fertility continue to decline. Since 2010, the national median age increased from 37.2 to 38.4 years.
$11.4 \%$ of Utahns were age 65 or older - the lowest percentage in the nation. Utah remained the youngest state in the nation, with a median age of 31.3 years in 2019. This was an increase of 2.1 years from 2010 (29.2).

## Age in Utah

Utah's overall median age increased from 2018 to 2019, as it has throughout the decade. This upward movement is attributable to the trends seen nationally - Baby Boomers are aging into the 65 -and-older category and fertility rates and births are decreasing. The population under age 5 provides a direct reflection of the recent decreases in fertility rates and births. This youngest segment of the population was the only 5 -year age group in the state that decreased in size between the 2010 Census and 2019. The 65 -and-older population increased

## Utah's Population is Growing Older



Utah Population by Age Groups, 2010 Census, 2018, 2019

| Age | $\begin{aligned} & 2010 \\ & \text { Census } \end{aligned}$ | July 1,$2018$ | July 1,$2019$ | Share of Total Population, July 1, 2019 | Census 2010 to July 1, 2019 |  | July 1, 2018 to July 1, 2019 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | Absolute Change | Percent Change | Absolute Change | Percent Change |
| Under 18 years | 871,027 | 929,678 | 931,184 | 29.0\% | 60,157 | 6.9\% | 1,506 | 0.2\% |
| Under 5 years | 263,924 | 250,367 | 247,803 | 7.7\% | -16,121 | -6.1\% | -2,564 | -1.0\% |
| 5 to 17 years | 60,103 | 679,311 | 683,381 | 21.3\% | 76,278 | 30.4\% | 4,070 | 1.9\% |
| 18 to 24 years | 318,029 | 354,194 | 362,079 | 11.3\% | 44,050 | 13.9\% | 7,885 | 2.2\% |
| 25 to 44 years | 778,162 | 898,476 | 915,259 | 28.5\% | 137,097 | 17.6\% | 16,783 | 1.9\% |
| 45 to 64 years | 547,205 | 622,079 | 631,564 | 19.7\% | 84,359 | 15.4\% | 9,485 | 1.5\% |
| 65 years and over | 249,462 | 349,123 | 365,872 | 11.4\% | 116,410 | 46.7\% | 16,749 | 4.8\% |
| Median age (years) | 29.2 | 31.1 | 31.3 | N/A | 2.1 | 7.2\% | 0.2 | 0.6\% |

Source: U.S. Census Bureau, Population Division, 2019 Vintage Estimates

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by $46.7 \%$ between the 2010 Census and 2019. While youth (under 18 years) are still the largest share of the population at $29.0 \%$, the 25 to 44 years population makes up another $28.5 \%$ of the population.

## Age in Utah Counties

At least one in five residents is 65 years or older in six Utah counties: Piute (28.1\%), Daggett (27.3\%), Garfield (24.0\%), Kane (23.4\%), Wayne (22.0\%), and Washington (22.0\%). Three Utah counties have less than $10 \%$ of the population at 65 or older: Cache (9.8\%), Tooele (9.3\%), and Utah (7.9\%). The 65 or older population in Wasatch and Summit counties has doubled since the 2010 Census.

Utah County and Wasatch County were the only two counties without a negative percent change in the population under age 5 between 2010 and 2019. Wasatch County's under 5 population increased by $8.6 \%$, while Utah County's remained stable. In 2019, Utah County (9.2\%), Duchesne County (9.0\%), and Juab County (8.7\%) had the highest shares of the population under age 5. At the 2010 Census, these counties all had over $10 \%$ of the population aged under 5 .

## Age by Race and Hispanic Origin in Utah

While one in five adults identify as a racial minority or as being of Hispanic or Latino origin, this share increases to over one in four ( $27 \%$ ) for the population under age 18 . At the state level, $7.7 \%$ of the population is under age 5 . Only the nonHispanic White and the non-Hispanic Asian populations have lower shares than the state average. The non-Hispanic Two or More Races population and the Hispanic or Latino population have the largest shares of children under 5 , at $14.8 \%$ and $10.2 \%$, respectively. The non-Hispanic White population has the largest share of people over age 65 at $13.2 \%$, followed by the nonHispanic Asian population (8.9\%), and the non-Hispanic American Indian or Alaska Native population (7.7\%).

Selected Age Groups in Utah Counties, 2019

| County | Under Age 5 |  |  | 65 years or older |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |
| Beaver | 557 | 8.3\% | -9.3\% | 946 | 14.1\% | 13.7\% |
| Box Elder | 4,487 | 8.0\% | -9.8\% | 7,399 | 13.2\% | 33.0\% |
| Cache | 10,552 | 8.2\% | -8.4\% | 12,570 | 9.8\% | 44.6\% |
| Carbon | 1,260 | 6.2\% | -26.3\% | 3,688 | 18.0\% | 27.0\% |
| Daggett | 41 | 4.3\% | -38.8\% | 259 | 27.3\% | 28.9\% |
| Davis | 28,838 | 8.1\% | -8.0\% | 36,638 | 10.3\% | 46.6\% |
| Duchesne | 1,790 | 9.0\% | -10.1\% | 2,481 | 12.4\% | 25.1\% |
| Emery | 615 | 6.1\% | -40.0\% | 1,768 | 17.7\% | 29.2\% |
| Garfield | 293 | 5.8\% | -22.1\% | 1,214 | 24.0\% | 46.1\% |
| Grand | 563 | 5.8\% | -6.0\% | 1,891 | 19.4\% | 51.2\% |
| Iron | 4,083 | 7.4\% | -4.6\% | 7,070 | 12.9\% | 56.0\% |
| Juab | 1,042 | 8.7\% | -1.4\% | 1,427 | 11.9\% | 36.8\% |
| Kane | 456 | 5.8\% | -8.1\% | 1,847 | 23.4\% | 33.1\% |
| Millard | 1,017 | 7.7\% | -8.0\% | 2,348 | 17.8\% | 32.7\% |
| Morgan | 859 | 7.1\% | -5.0\% | 1,445 | 11.9\% | 44.9\% |
| Piute | 61 | 4.1\% | -44.5\% | 416 | 28.1\% | 25.3\% |
| Rich | 176 | 7.1\% | -19.3\% | 458 | 18.4\% | 33.5\% |
| Salt Lake | 83,687 | 7.2\% | -7.1\% | 130,051 | 11.2\% | 45.5\% |
| San Juan | 1,101 | 7.2\% | -18.3\% | 2,281 | 14.9\% | 42.6\% |
| Sanpete | 1,883 | 6.1\% | -15.1\% | 4,488 | 14.5\% | 40.4\% |
| Sevier | 1,597 | 7.4\% | -12.2\% | 3,567 | 16.5\% | 18.3\% |
| Summit | 2,206 | 5.2\% | -10.6\% | 5,635 | 13.4\% | 103.6\% |
| Tooele | 5,686 | 7.9\% | -4.7\% | 6,748 | 9.3\% | 54.1\% |
| Uintah | 2,943 | 8.2\% | -14.9\% | 4,022 | 11.3\% | 34.2\% |
| Utah | 58,343 | 9.2\% | 0.0\% | 50,490 | 7.9\% | 50.9\% |
| Wasatch | 2,535 | 7.4\% | 8.6\% | 4,191 | 12.3\% | 107.8\% |
| Washington | 11,493 | 6.5\% | -7.4\% | 39,067 | 22.0\% | 64.0\% |
| Wayne | 161 | 5.9\% | -19.5\% | 597 | 22.0\% | 40.5\% |
| Weber | 19,478 | 7.5\% | -6.5\% | 30,870 | 11.9\% | 32.0\% |

Source: U.S. Census Bureau, Population Division, 2019 Vintage Estimates

Selected Age Groups by Race and Hispanic or Latino Origin, July 1, 2019

|  | Total | Under Age 18 |  | Over Age 18 |  | Under Age 5 |  | 65 or older |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Estimate | Share | Estimate | Share | Estimate | Share | Estimate | Share |
| Total Population | 3,205,958 | 931,184 | 29.0\% | 2,274,774 | 71.0\% | 247,803 | 7.7\% | 365,872 | 11.4\% |
| NH White | 2,493,759 | 683,093 | 27.4\% | 1,810,666 | 72.6\% | 177,697 | 7.1\% | 328,551 | 13.2\% |
| Hispanic or Latino | 462,051 | 167,819 | 36.3\% | 294,232 | 63.7\% | 46,919 | 10.2\% | 21,992 | 4.8\% |
| NH Black or African American | 38,056 | 11,886 | 31.2\% | 26,170 | 68.8\% | 3,035 | 8.0\% | 1,835 | 4.8\% |
| NH American Indian or Alaska Native | 30,401 | 8,625 | 28.4\% | 21,776 | 71.6\% | 2,538 | 8.3\% | 2,356 | 7.7\% |
| NH Asian | 81,646 | 16,480 | 20.2\% | 65,166 | 79.8\% | 4,765 | 5.8\% | 7,273 | 8.9\% |
| NH Native Hawaiian or Other Pacific Islander | 31,393 | 9,784 | 31.2\% | 21,609 | 68.8\% | 2,690 | 8.6\% | 1,932 | 6.2\% |
| NH Two or More Races | 68,652 | 33,497 | 48.8\% | 35,155 | 51.2\% | 10,159 | 14.8\% | 1,933 | 2.8\% |

Share is of total race or ethnicity population
N.H. - Non-Hispanic

Source: U.S. Census Bureau, Population Division, 2019 Vintage Estimates


[^0]:    . U.S. Census Bureau, 65 and Older Population Grows Rapidly as Baby Boomers Age, Press Release, June 23, 2020

