

U.S. Census Bureau Estimates for Cities and Housing Units, Vintage 2019

The Census Bureau’s most recent release on May 21, 2020 provides population estimates for incorporated places (cities and towns) and housing unit estimates at the state and county level from Census 2010 to July 1, 2019.

The city level estimates utilize locally submitted building permits as the basis to estimate population. They are then controlled to the county estimate totals, which were published in March 2020.

National Picture

Cities in the southern region of the United States experienced some of the fastest and largest population gains between 2018 and 2019, largely driven by cities in Texas. The West was the next major contributor, with five cities in the top fifteen for population gains. The South and West also had the fastest-growing cities since Census 2010.

Housing units increased steadily in most states. Texas, Florida, California, and North Carolina added the most housing units from 2018 to 2019.

Utah in the National Context

According to the 2019 housing unit estimates, Utah experienced the nation’s fastest housing unit growth between 2018 and 2019 at 2.2%. Idaho was second, while Colorado and Texas tied for third. Since 2010, Utah had the second fastest increase in housing units (15.7%) behind North Dakota (19.7%). For both time periods, most of the absolute growth in Utah’s housing units occurred in Salt Lake, Utah, and Washington Counties. The fastest housing growth since 2010 occurred in Wasatch, Washington, and Utah Counties, with Wasatch County ranking 10th in the nation. Recent growth is strong: Census Bureau analysis indicates that most counties in Utah grew faster in the past year than their average growth over the decade so far.

Of large cities (population 50,000 or more in 2019), Herriman ranked first in the nation for population growth in the past year (15.0%) and for growth this decade. The city’s population more than doubled since Census 2010, standing at 51,348 in 2019. South Jordan and Lehi ranked 12th and 15th nationally for growth

Utah at the Top of National Rankings

Ranking	Area	Percent Growth
2018-2019		
Fastest Housing Unit Growth	State of Utah	2.2%
Fastest Population Growth*	Herriman	15.0%
12th Fastest Housing Unit Growth	Washington County	4.0%
2010-2019		
Fastest Population Growth*	Herriman	1.4%
Second Fastest Housing Unit Growth	State of Utah	15.7%
Tenth Fastest Housing Unit Growth	Wasatch County	35.5%
12th Fastest Population Growth*	South Jordan	51.8%
15th Fastest Population Growth*	Lehi	46.0%

*Of cities with populations of 50,000 or more on July 1, 2019

in these large cities this decade, at 51.8% and 46.0%. Vineyard, located in central Utah County, was the fastest growing place (with a population over 1,000) in the nation since 2010, when its population was just 139. Its population is now estimated at 11,866.

Population Changes in Utah Cities

Utah’s statewide growth between 2018 and 2019 was the fourth fastest in the nation, with a 1.7% increase (52,408 individuals). While Herriman had the largest growth, other cities in southern Salt Lake County and northern Utah County also played a significant role. The cities in these areas (as well as Vineyard) have frequently held high rankings since 2010 – whether in absolute increase or percent increase.

The Census Bureau estimates indicate that Herriman, Lehi, Eagle Mountain, South Jordan, and St. George were the top five cities in terms of absolute population growth between 2018 and 2019. The Salt Lake and Utah County cities on the top ten list produced 41% of the statewide population growth between 2018 and 2019.

Most of Utah’s fastest growing cities had populations of 50,000 or less. Vineyard had the fastest population growth in the state from 2018 and 2019, at 18.5%. Other rapidly growing cities were Herriman (15.0%), Bluffdale (11.8%), Eagle Mountain

(8.0%) and Plain City (8.0%). This maintains the trend of Vineyard and cities in southern Salt Lake County and northern Utah County being the fastest growing areas in the state this decade, and also highlights fast growth in Weber County.

The largest cities in the state are Salt Lake City (200,567), West Valley City (135,248), Provo (116,618), West Jordan (116,480) and Orem (97,828). The fastest growing large cities (populations of 50,000 or more in 2019) were Herriman (15.0%), Lehi (5.7%), South Jordan (3.7%), St. George (2.8%) and Layton (1.1%). Over 43% of Utah's population lives in the state's fifteen large cities, even greater than the national level of nearly 39%.

Cities (1,000 or larger) with the largest absolute increases, 2018-2019

City or Town	County	2018 Population Estimate	2019 Population Estimate	2018-2019 Absolute Change
Herriman	Salt Lake	44,663	51,348	6,685
Lehi	Utah	65,958	69,724	3,766
Eagle Mountain	Utah	35,556	38,391	2,835
South Jordan	Salt Lake	73,837	76,598	2,761
St. George	Washington	87,113	89,587	2,474
Saratoga Springs	Utah	31,340	33,282	1,942
Vineyard	Utah	10,014	11,866	1,852
Cedar City	Iron	32,994	34,764	1,770
Bluffdale	Salt Lake	14,628	16,358	1,730
Washington	Washington	27,699	29,174	1,475

Source: U.S. Census Bureau, Population Division, 2018

Cities (1,000 or larger) with the largest percent increases, 2018-2019

City or Town	County	2018 Population Estimate	2019 Population Estimate	2018-2019 Absolute Change
Vineyard	Utah	10,014	11,866	18.5%
Herriman	Salt Lake	44,663	51,348	15.0%
Bluffdale	Salt Lake	14,628	16,358	11.8%
Eagle Mountain	Utah	35,556	38,391	8.0%
Plain City	Weber	7,104	7,669	8.0%
Elk Ridge	Utah	4,047	4,335	7.1%
Santa Clara	Washington	7,865	8,417	7.0%
Saratoga Springs	Utah	31,340	33,282	6.2%
West Haven	Weber	15,170	16,109	6.2%
Lehi	Utah	65,958	69,724	5.7%

Source: U.S. Census Bureau, Population Division, 2018

Although there was growth across the state, 27 cities with populations over 1,000 experienced population decline according to the Census Bureau estimates. The cities with the largest absolute population declines were West Valley City, Sandy, Holladay, Murray, and Taylorsville (all in Salt Lake County). The cities with the largest percentage decrease in population were Duchesne (-3.3%), Cedar Hills (-1.2%), Blanding (-1.0%), Holladay (-0.9%), and Monticello (-0.9%). Two of these cities are in Duchesne County, where the overall population changed very little over the past year.

Utah Cities and Towns - 2019 Estimates

Place Name	2019 Population Estimate	2018-2019 Absolute Change	2018-2019 Percent Change
Alpine	10,498	1	0.0%
Alta	379	-4	-1.0%
Altamont	277	-2	-0.7%
Alton	120	0	0.0%
Amalga	558	19	3.5%
American Fork	33,161	680	2.1%
Annabella	810	6	0.7%
Antimony	121	1	0.8%
Apple Valley	844	21	2.6%
Aurora	1,052	7	0.7%
Ballard	1,093	46	4.4%
Bear River City	898	12	1.4%
Beaver	3,185	60	1.9%
Bicknell	336	7	2.1%
Big Water	511	12	2.4%
Blanding	3,633	-38	-1.0%
Bluff	245	1	0.4%
Bluffdale	16,358	1,730	11.8%
Boulder	241	6	2.6%
Bountiful	43,981	-44	-0.1%
Brian Head	93	2	2.2%
Brigham City	19,601	200	1.0%
Bryce Canyon City	222	2	0.9%
Cannonville	173	1	0.6%
Castle Dale	1,491	2	0.1%
Castle Valley	350	1	0.3%
Cedar City	34,764	1,770	5.4%
Cedar Fort	395	-2	-0.5%
Cedar Highlands	68	1	1.5%
Cedar Hills	10,083	-121	-1.2%
Centerfield	1,495	23	1.6%
Centerville	17,587	-86	-0.5%
Central Valley	570	5	0.9%
Charleston	487	8	1.7%
Circleville	489	8	1.7%
Clarkston	740	11	1.5%
Clawson	186	0	0.0%
Clearfield	32,118	195	0.6%
Cleveland	440	1	0.2%
Clinton	22,499	220	1.0%

Place Name	2019 Population Estimate	2018-2019 Absolute Change	2018-2019 Percent Change
Coalville	1,596	16	1.0%
Copperton	835	-3	-0.4%
Corinne	763	24	3.2%
Cornish	337	10	3.1%
Cottonwood Heights	33,843	-143	-0.4%
Daniel	1,077	2	0.2%
Delta	3,602	44	1.2%
Deweyville	373	18	5.1%
Draper	48,587	454	0.9%
Duchesne	1,710	-59	-3.3%
Dutch John	141	-3	-2.1%
Eagle Mountain	38,391	2,835	8.0%
East Carbon	1,584	15	1.0%
Elk Ridge	4,335	288	7.1%
Elmo	402		-0.2%
Elsinore	882	6	0.7%
Elwood	1,103	6	0.5%
Emery	268	1	0.4%
Emigration Canyon	1,592	-10	-0.6%
Enoch	7,180	156	2.2%
Enterprise	1,890	28	1.5%
Ephraim	7,308	44	0.6%
Escalante	798	7	0.9%
Eureka	707	11	1.6%
Fairfield	145	9	6.6%
Fairview	1,358	23	1.7%
Farmington	25,339	867	3.5%
Farr West	7,385	215	3.0%
Fayette	263	3	1.2%
Ferron	1,495	-2	-0.1%
Fielding	482	6	1.3%
Fillmore	2,650	47	1.8%
Fountain Green	1,166	19	1.7%
Francis	1,574	45	2.9%
Fruit Heights	6,221	-4	-0.1%
Garden City	617	4	0.7%
Garland	2,590	46	1.8%
Genola	1,567	22	1.4%
Glendale	407	11	2.8%
Glenwood	476	4	0.8%
Goshen	915	-12	-1.3%
Grantsville	12,064	465	4.0%
Green River	935	0	0.0%
Gunnison	3,585	60	1.7%
Hanksville	220	5	2.3%
Harrisville	6,872	199	3.0%
Hatch	142	1	0.7%
Heber	17,082	779	4.8%
Helper	2,105	18	0.9%
Henefer	979	23	2.4%
Henrieville	225	2	0.9%
Herriman	51,348	6,685	15.0%
Hideout	998	26	2.7%
Highland	19,175	8	0.0%
Hildale	2,896	-14	-0.5%
Hinckley	716	10	1.4%

Place Name	2019 Population Estimate	2018-2019 Absolute Change	2018-2019 Percent Change
Holden	393	8	2.1%
Holladay	30,325	-263	-0.9%
Honeyville	1,644	65	4.1%
Hooper	9,152	270	3.0%
Howell	254	4	1.6%
Huntington	1,934	5	0.3%
Huntsville	642	3	0.5%
Hurricane	19,074	890	4.9%
Hyde Park	4,797	121	2.6%
Hyrum	8,619	253	3.0%
Independence	198	-2	
Interlaken	235	5	2.2%
Ivins	9,192	291	3.3%
Joseph	358	5	1.4%
Junction	172	5	3.0%
Kamas	2,276	37	1.7%
Kanab	4,931	147	3.1%
Kanarrville	407	7	1.8%
Kanosh	485	7	1.5%
Kaysville	32,390	357	1.1%
Kearns	36,330	-197	-0.5%
Kingston	155	4	2.6%
Koosharem	330	-2	-0.6%
Laketown	276	4	1.5%
La Verkin	4,446	54	1.2%
Layton	78,014	833	1.1%
Leamington	239	5	2.1%
Leeds	873	10	1.2%
Lehi	69,724	3,766	5.7%
Levan	954	23	2.5%
Lewiston	1,798	-3	-0.2%
Lindon	11,100	137	1.2%
Loa	575	1	0.2%
Logan	51,542	208	0.4%
Lyman	257	5	2.0%
Lynndyl	117	5	4.5%
Magna	26,949	-147	-0.5%
Manila	307	-6	-1.9%
Manti	3,738	62	1.7%
Mantua	963	85	9.7%
Mapleton	10,731	534	5.2%
Marriott-Slaterville	1,898	55	3.0%
Marysville	437	21	5.0%
Mayfield	552	11	2.0%
Meadow	328	5	1.5%
Mendon	1,396	-7	-0.5%
Midvale	34,124	618	1.8%
Midway	5,280	40	0.8%
Milford	1,394	5	0.4%
Millcreek	61,450	390	0.6%
Millville	2,150	62	3.0%
Minersville	920	9	1.0%
Moab	5,336	48	0.9%
Mona	1,807	63	3.6%
Monroe	2,358	19	0.8%
Monticello	1,969	-17	-0.9%

Place Name	2019 Population Estimate	2018-2019 Absolute Change	2018-2019 Percent Change
Morgan	4,273	44	1.0%
Moroni	1,552	27	1.8%
Mount Pleasant	3,530	56	1.6%
Murray	48,917	-213	-0.4%
Myton	606	-8	-1.3%
Naples	2,082	15	0.7%
Nephi	6,378	223	3.6%
New Harmony	234	3	1.3%
Newton	817	0	0.0%
Nibley	7,135	97	1.4%
North Logan	11,237	115	1.0%
North Ogden	20,582	619	3.1%
North Salt Lake	20,948	148	0.7%
Oak City	649	6	0.9%
Oakley	1,740	24	1.4%
Ogden	87,773	571	0.7%
Orangeville	1,326	-4	-0.3%
Orderville	592	6	1.0%
Orem	97,828	398	0.4%
Panguitch	1,682	16	1.0%
Paradise	1,022	30	3.0%
Paragonah	545	10	1.9%
Park City	8,526	27	0.3%
Parowan	3,165	58	1.9%
Payson	20,303	514	2.6%
Perry	5,248	153	3.0%
Plain City	7,669	565	8.0%
Pleasant Grove	38,258	-144	-0.4%
Pleasant View	10,839	171	1.6%
Plymouth	460	14	3.1%
Portage	273	9	3.4%
Price	8,332	109	1.3%
Providence	7,780	227	3.0%
Provo	116,618	-12	-0.0%
Randolph	508	6	1.2%
Redmond	747	10	1.4%
Richfield	7,888	6	0.1%
Richmond	2,803	81	3.0%
Riverdale	8,838	65	0.7%
River Heights	2,076	58	2.9%
Riverton	44,440	183	0.4%
Rockville	269	-2	-0.7%
Rocky Ridge	858	19	2.3%
Roosevelt	7,233	157	2.2%
Roy	39,613	351	0.9%
Rush Valley	494	1	0.2%
St. George	89,587	2,474	2.8%
Salem	8,621	161	1.9%
Salina	2,612	24	0.9%
Salt Lake City	200,567	132	0.1%
Sandy	96,380	-357	-0.4%

Place Name	2019 Population Estimate	2018-2019 Absolute Change	2018-2019 Percent Change
Santa Clara	8,417	552	7.0%
Santaquin	12,865	594	4.8%
Saratoga Springs	33,282	1,942	6.2%
Scipio	332	3	0.9%
Scofield	23	1	4.5%
Sigurd	443	5	1.1%
Smithfield	12,025	278	2.4%
Snowville	173	1	0.6%
South Jordan	76,598	2,761	3.7%
South Ogden	17,199	88	0.5%
South Salt Lake	25,582	308	1.2%
South Weber	7,836	333	4.4%
Spanish Fork	40,913	991	2.5%
Spring City	1,080	17	1.6%
Springdale	629	23	3.8%
Springville	33,310	253	0.8%
Sterling	320	7	2.2%
Stockton	682	0	0.0%
Sunset	5,364	31	0.6%
Syracuse	31,458	1,106	3.6%
Tabiona	159	-3	-1.9%
Taylorsville	59,805	-200	-0.3%
Tooele	36,015	725	2.1%
Toquerville	1,735	72	4.3%
Torrey	244	4	1.7%
Tremonton	9,206	340	3.8%
Trenton	552	16	3.0%
Tropic	514	5	1.0%
Uintah	1,353	7	0.5%
Vernal	10,438	73	0.7%
Vernon	356	17	5.0%
Vineyard	11,866	1,852	18.5%
Virgin	658	15	2.3%
Wales	373	7	1.9%
Wallsburg	385	8	2.1%
Washington	29,174	1,475	5.3%
Washington Terrace	9,248	79	0.9%
Wellington	1,620	17	1.1%
Wellsville	3,941	113	3.0%
Wendover	1,489	18	1.2%
West Bountiful	5,800	81	1.4%
West Haven	16,109	939	6.2%
West Jordan	116,480	870	0.8%
West Point	10,957	224	2.1%
West Valley City	135,248	-734	-0.5%
White City	5,768	-32	-0.6%
Willard	1,958	45	2.4%
Woodland Hills	1,590	24	1.5%
Woodruff	212	1	0.5%
Woods Cross	11,431	114	1.0%

Note: For each county, a single "balance of county" estimate is available which groups all areas of the county which are not officially incorporated cities, towns, or metro townships as recognized by the Census Bureau (for example, "Balance of Salt Lake County"). These estimates are not included in this fact sheet. All estimates can be accessed at <https://www.census.gov/programs-surveys/popest/data/data-sets.html>.
Source: U.S. Census Bureau, Population Division, 2019